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## School Wellness Policy

In 2004, Congress passed the Child Nutrition and Special Supplemental Nutrition Program for Women, Infants and Children (WIC) Reauthorization Act. This act required by law that all school districts participating in any federally subsidized child nutrition programs (e.g., National School Lunch Program, School Breakfast Program, Special Milk Program and After School Snack Program) establish a local school wellness policy (LWP) by the beginning of the 2006-07 school year. In 2010, Congress passed the Healthy, Hunger-Free Kids Act and added new provisions related to implementation, evaluation, and publicly reporting on progress of local school wellness policies.

- 2004 – [Wellness Policy Document](#)
- 2010 – [USDA Child Nutrition Reauthorization 2010: Local School Wellness Policy Guidance](#)
- 2011 – [DPI-SNT Guidance Policy Memo](#)
- 2013 – [5-year Technical Assistance Plan](#) (Updated July 2013)
- 2014 – Proposed Rule: [Local School Wellness Policy Implementation Under the Healthy, Hunger-Free Kids Act of 2010](#)
  - Flyer: [Local School Wellness Policy Implementation Under the Healthy, Hunger-Free Kids Act of 2010: Summary of the Proposed Rule](#)

### Implementation Timeline

- As of School Year 2006-2007, all schools/districts were required to establish a LWP
- For School Year 2013-2014, schools/districts are encouraged to continue reviewing and assessing their LWP's and implementing the new requirements. Schools/districts will be held accountable for LWP implementation, assessment, and public updates.

### Local Wellness Policy Minimum Requirements

- Include goals for nutrition promotion and education, physical activity, and other school-based activities that promote student wellness.
- Include nutrition guidelines to promote student health and reduce childhood obesity for all foods available in each school district.
- Permit parents, students, representatives of the school food authority, teachers of physical education, school health professionals, the school board, school administrators, and the general public to participate in the development, implementation, review and update of the local wellness policy.
- Inform and update the public (including parents, students, and others in the community) about the content and implementation of the local wellness policy.
- Measure periodically the extent to which schools are in compliance with the local wellness policy, the extent to which the local education agency's local wellness policy compares to model local school wellness policies, the progress made in attaining the goals of the local wellness policy, and make an assessment of this progress available to the public.

For more information on policy requirements, basic steps, and sample policies, visit [USDA's Team Nutrition Wellness Policy](#) (<http://www.fns.usda.gov/tn/local-school-wellness-policy>) webpage.

**Resources** – a number of resources have been developed to help schools strengthen, implement, and evaluate wellness policies.

- [Wisconsin Wellness: Putting Policy into Practice](#) (<http://dpi.wi.gov/school-nutrition/wellness-policy/toolkit>) is an interactive, web-based resource designed to assist school districts with developing comprehensive policies that incorporate new policy requirements while establishing a framework for accountability. The resource provides information on required policy components and provides sample goals and objectives for each content area.